

PRE-OP INSTRUCTIONS

Important Reminders

- ❖ Plan to be at the center for approximately 2 – 4 hours on the day of your procedure. Appointment times may need to be adjusted up to one-hour prior or one hour after the time you originally scheduled. We will call you a day or two before your surgery day and tell you what time to arrive.
- ❖ You must have a driver for the day of your procedure and one-day post op visit.
- ❖ Contact must be kept out of your eyes for the following days prior to your exam and prior to the procedure:
 - Daily wear soft contacts and extended wear (if you don't sleep in them) for 7 days prior. If you sleep in your soft contacts or extended wear lenses they need to be out for 21 days prior.
 - Toric contacts: 21 days prior to both the examination and the surgery.
 - Rigid gas Perms: At least 4 weeks or as determined by the Doctor at exam.
 - Hard Lenses: 2 months or as determined by Doctor at exam.

ATTENTION: It is very important that you do not wear your contacts for the specified time prior to your procedure, not even for 1 hour!

- ❖ **DO NOT** wear any eye makeup for 3 full days prior to your procedure date. **DO NOT** wear any makeup (including foundation or powders) the day of your procedure. However, still clean around your eyes every night until surgery as if you wore makeup that day. Fresh, new eye makeup may be applied 7 days after your procedure.
- ❖ **DO NOT** use any hairspray, perfume, cologne, or scented bath gels/soaps on the procedure day. If you smoke, either refrain from smoking before you arrive at the center or bring a change of clothes. Odors can affect the laser.
- ❖ Dress comfortably and warm the day of your procedure. Do not wear clothing that is restrictive or fuzzy.
- ❖ **DO NOT** consume any alcohol or sedatives that could make you drowsy prior to the procedure.
- ❖ Take any medications as you normally would unless otherwise directed by the optometrist at the exam.
- ❖ Please eat a light meal prior to your procedure. **AVOID FOOD OR BEVERAGES CONTAINING CAFFEINE.** One cup of coffee is permissible the day of surgery if you think it will make you calmer.
- ❖ If you take your consent form home with you, please bring it back (unsigned) the day of your procedure so that you may sign it in front of one of our staff members.
- ❖ **If you are using our financing options, all arrangements must be made PRIOR to the day of your procedure (you must have already applied and been approved). Whomever's name the financing paperwork is in, must be present with photo ID to sign the paperwork. If this is not taken care of prior to your procedure day we will be forced to reschedule your appointment if you do not have another form of payment.**
- ❖ **If you are not using our financing options, the balance of your procedure is due in full the day of your procedure-no exceptions. We accept cash, credit cards, and checks. If using a debit card from your bank, please bring a check for backup in case the card will not process through for the full amount. If using a check, please have your drivers license available.**
- ❖ **WE MUST HAVE 48 HOURS NOTICE TO CANCEL OR RESCHEDULE A SURGERY APPOINTMENT-IF WE DO NOT RECEIVE THIS NOTICE A \$50.00 FEE WILL BE IMPOSED.**